

Radiogram 8382u

Form 24 for 07/11/04

CREW OFF DUTY.

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post sleep
06:40-07:30		BREAKFAST
10:15-10:30	FE -1	FMVM: battery check
10:30-12:00	FE -1	Physical Exercise (RED)
11:00-12:00	CDR	Physical Exercise (TVIS), day 1
12:00-12:30	CDR	Physical Exercise (RED)
12:00-13:00	FE -1	Physical Exercise (TVIS)
13:00-14:00		LUNCH
16:25-16:55	CDR	COX maintenance (CBO and CP data calldown, <i>БРПК inspection</i>)
16:45-17:00	FE -1	Private family conference (<i>S-band</i>)
16:55-17:55	CDR	Physical Exercise (VELO + Force Loader/cycle 1), day 1
17:55-18:25		Daily plan review
18:25-18:40		Daily planning conference (<i>S-band</i>)
19:00-19:30		Report prep
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	CDR	ETD. (<i>In the morning, after food intake, before physical exercise</i>)
		Medical Support Items audit

Note: See OSTP for references to US activities

End of Radiogram